



# **Plymouth - Falmouth - Fowey - Plymouth Triangle Series 2017**

**29<sup>th</sup> April – 1<sup>st</sup> May 2017**



## **SAILING INSTRUCTIONS**

**Organising Authority: The Royal Western Yacht Club of England  
Plymouth, UK**

## Sailing Instructions

### 1. RULES

- 1.1 The PLYMOUTH - FALMOUTH - FOWEY- PLYMOUTH TRIANGLE Series 2017 will be governed by the rules as defined in The Racing Rules of Sailing.
- 1.2 Racing rule(s) 44.1 and Appendix A will be changed as follows:
  - 1.2.2 RRS 44.1 - is changed so that the Two-Turns Penalty is replaced by the One-Turn Penalty as described in SI 10.2.
  - 1.2.3 Appendix A – Scoring, refer to NOR 8
- 1.3 The Sailing Instructions may also change other racing rules.
- 1.4 Under rule 87, rule(s) IRC Rule 22.4.2 of the IRC class rules is replaced with:

“The maximum number of crew that may sail aboard a boat shall be the crew number printed on the certificate plus two. There is no weight limit.”
- 1.5 The World Sailing Offshore Special Regulations **Category 4** shall apply. ([www.sailing.org/specialregs](http://www.sailing.org/specialregs)). Additionally, boats shall carry a life raft in accordance with ISAF Offshore Special Regulations 4.20.2.
- 1.6 The Race Committee may inspect any boat to ensure compliance with OSRs.

### 2. NOTICES TO COMPETITORS

- 2.1 Notices to competitors before the event will be posted on the Triangle Series Event page of the RWYC website. <http://rwy.org/racing/2017-racing-events>
- 2.2 Notices to competitors at each stop-over port will be posted on that clubs official notice board and flag L will be displayed indicating such to competitors.

### 3. CHANGES TO SAILING INSTRUCTIONS

- 3.1 Any change to the Sailing Instructions before the start of the event will be posted on the Triangle Series Event page of the RWYC website before 17.00hrs on Friday **28<sup>th</sup>** April.
- 3.2 Any change to the Sailing Instructions after arrival at Falmouth will be posted on the respective club's official notice boards and flag L will be displayed on the respective club's flag staff to alert competitors that a change has been made.

### 4. SIGNALS MADE ASHORE

- 4.1 Signals made ashore will be displayed from each respective yacht clubs main flag staff.

## 5. SCHEDULE OF RACING

Dates of racing: 29<sup>th</sup> April, 30<sup>th</sup> April and 1<sup>st</sup> May 2017.

The schedule for each class is as follows

CLASS	WARNING SIGNALS		
	PLYMOUTH TO FALMOUTH April 29 <sup>th</sup>	FALMOUTH TO FOWEY April 30 <sup>th</sup>	FOWEY TO PLYMOUTH May 1 <sup>st</sup>
Cruiser Division	08.25	10.25	09.55
IRC Division	08.35	10.35	10.05
MOCRA	08.45	10.45	10.15

To alert boats that the sequence of races will begin soon, the orange starting flag will be displayed with one sound signal at least five minutes before a warning signal is made.

## 6. CLASS FLAGS

Class Flags shall be flown from the backstay when racing as follows.

CLASS	FLAG No
Cruiser Division	4
IRC Division	1
MOCRA	8

## 7. COURSES

### 7.1 Plymouth to Falmouth.

After clearing Plymouth Sound breakwater.

Cruiser Division – Leave the Castle mark (50deg 9.007'N - 5deg 1.621' W) in Carrick Roads to Port and proceed directly to the finish line. (see Appendix B)

IRC & MOCRA Divisions –

Board A: Round Manacles east cardinal buoy (50deg 02.81'N 005deg 01'.91'W) to Stbd. Then, leave the Castle mark (50deg 9.007'N - 005deg 1.621' W) in Carrick Roads to Port and proceed directly to the finish line. (see Appendix B).

Board B: Round the yellow spherical mark named 'Hotel Meudon' (50deg 06.04'N – 005deg 04.22'W) at the northern entrance to the Helford River to Stbd. Then, leave the Castle mark (50deg 9.007'N - 005deg 1.621' W) in Carrick Roads to port and proceed directly to the finish line. (see Appendix B).

Board C: Omit the Manacles / Hotel Meudon marks and sail directly to round the Castle mark to Port before crossing the finish line. (see Appendix B).

## 7.2 Falmouth to Fowey

Cruiser Division – direct to the finish line at Fowey. (See Appendix C).

IRC & MOCRA Divisions –

Flag A: Round Manacles east cardinal buoy (50deg 02.81'N 005deg 01'.91W) to Port, then to the finish line at Fowey. (See Appendix C).

Flag B: Round the yellow spherical mark named 'Hotel Meudon' (50deg 06.04'N – 005deg 04.22'W) at the northern entrance to the Helford River to Port. then to the finish line at Fowey. (See Appendix C).

Flag C: Omit the Manacles / Hotel Meudon marks and sail directly to the finish line at Fowey. (See Appendix C).

## 7.3 Fowey to Plymouth

All yachts – direct to the finish line at Plymouth. (See Appendix A)

- 7.4 Course indication signals will be made on the  
Plymouth – Boards on side of the committee boat (Fulmar)  
Falmouth – Flags on the flag-pole on Pendennis Point  
Fowey – Flags on the committee boat (Gem)

## 8. SHORTENED COURSE

- 8.1 Courses will not be shortened.

## 9. START AND FINISH

- 9.1 See Appendix A Starting and Finishing at Plymouth.  
9.2 See Appendix B Finishing and Starting at Falmouth.  
9.3 See Appendix C Finishing and Starting at Fowey.  
9.4 All yachts shall take their own finishing times at Falmouth, Fowey and Plymouth using GPS time, and noting the boat that finishes one position ahead and one position

astern if possible. This information is to be retained by each skipper and only required if the Race Committee so requests it.

- 9.5 In the event of a boat being over the line at the start, the race committee may broadcast on vhf (channel 77) the sail number of that boat, OR (if there are more than one boat over) the number of boats that were recorded over the line. Such transmission will not be made for at least one minute after the start. This changes, but is in addition to, Rule 28.1  
Failure to make or receive such broadcasts will not be grounds for redress. This changes rule 62.1.

## 10. PENALTY SYSTEM

- 10.1 The Exoneration Penalty and RYA Arbitration of the RYA Rules and Disputes procedures will be available. This is the preferred method of resolving disputes. See the below website for details.  
<http://www.rya.org.uk/racing/raceofficials/Pages/RulesDisputesProcess.aspx>
- 10.2 The Two-Turns Penalty is replaced by the One-Turn Penalty. This changes rule 44.1.
- 10.3 Discretionary penalties will be available to the Protest Committees.

## 11. TIME LIMITS

- 11.1 There will be no time limits.

## 12. PROTESTS & REQUESTS FOR REDRESS

- 12.1 For each class, the protest time limit is 60 minutes after the last boat has finished that day's racing. The same time limit applies to protests by the race committee and protest committee about incidents they observe in the racing area and to requests for redress.

Protests submissions are to be delivered to the RWYC representative within the protest time as follows:

Plymouth to Falmouth leg at the Royal Cornwall YC.

Falmouth to Fowey leg at the Royal Fowey YC.

Fowey to Plymouth leg at the Royal Western YC.

Protests will be heard at the end of the regatta at the RWYC. Leg prizes will be awarded on a 'subject to protest basis'.

## 13. RETIREMENT

- 13.1 Boats retiring shall report their retirement to the Race Committee as soon as possible but no later than 60 minutes after finishing or retiring. Retirements shall be reported via VHF Ch 77 to the race committee callsign "Western", or by telephone and confirmed by text to the race committee mobile as follows –

**07775645835 – Mike Johnson**

**07866062403 – Lesley Johnson**

## **14. RADIO COMMUNICATIONS**

- 14.1** All yachts shall carry and operate a VHF radio and monitor race committee broadcasts. The Race Committee will use VHF Ch 77. The failure to receive any race committee transmissions shall not constitute grounds for redress. In all communication to the race committee please state your Class, name of yacht and sail number.

## **15. SELF STEERING**

- 15.1 The use of self-steering devices is permitted.

## **16. PRIZES**

- 16.1 Prizes will be awarded as follows:

A 'leg' prize will be awarded to the winners of each class for the Plymouth to Falmouth and Falmouth to Fowey legs of the Series. Additional prizes will be awarded depending on the number of boats entered in each class. So for 5-9 boats a second prize will be given, for 10-14 boats a third prize and so on. In addition, overall Series prizes will be awarded and presented at the RWYC annual prize-giving.

Prizes may also be available to single handed and two handed entries that have declared their intention to race as such beforehand, subject to sufficient entries.

## **17. DISCLAIMER OF LIABILITY**

- 17.1 Rule 4 of the Racing Rules of Sailing states: "The responsibility for a boat's decision to participate in a race or to continue racing is hers alone."

Sailing is by its nature an unpredictable sport and therefore involves an element of risk. By taking part in the event, each competitor agrees and acknowledges that:

- a) They are aware of the inherent element of risk involved in the sport and accept responsibility for the exposure of themselves, their crew and their boat to such inherent risk whilst taking part in the event;
- b) They are responsible for the safety of themselves, their crew, their boat and their other property whether afloat or ashore;
- c) They accept responsibility for any injury, damage or loss to the extent caused by their own actions or omissions;
- d) Their boat is in good order, equipped to sail in the event and they are fit to participate;
- e) The provision of a race management team, patrol boats, umpires and other officials and volunteers by the organiser does not relieve them of their own responsibilities;
- f) The provision of patrol boat cover is limited to such assistance, particularly in extreme weather conditions, as can be practically provided in the circumstances;

g) They are responsible for ensuring that their boat is equipped and seaworthy so as to be able to face extremes of weather; that there is a crew sufficient in number, experience and fitness to withstand such weather; and that the safety equipment is properly maintained, stowed and in date and is familiar to the crew;

**18. INSURANCE**

Each participating boat shall be insured with valid third-party liability insurance with a minimum cover of £2,000,000 for the duration of the Series or the equivalent.

**19. FURTHER INFORMATION**

For further information please contact the Secretary, Royal Western Yacht Club, Queen Anne's Battery PL4 0TW - by email at [admin@rwyg.org](mailto:admin@rwyg.org). or Mike Johnson at [mike.lesley10@gmail.com](mailto:mike.lesley10@gmail.com)

Appendices

- A Instructions for starting and finishing at Plymouth.
- B Instructions for finishing and starting at Falmouth
- C Instructions for finishing and starting at Fowey.

# APPENDIX A

## PLYMOUTH

Where boats are racing within the boundaries of the Port of Plymouth they are referred to the Dockyard Port of Plymouth Order 1999, a copy of which is displayed on the website <http://www.legislation.gov.uk/uksi/1999/2029/contents/made> and Local Notices to Mariners. When the Race Committee believes that such regulations have been broken so as to bring the sport into disrepute it will act under RRS 60.2(c) requesting the Protest Committee to act under RRS 69.1(a), Allegation of Misconduct.

An engine or other alternative means of propulsion shall be used when appropriate to avoid risk of collision with another vessel that is underway but not racing; or in a grave emergency. The facts shall be reported by radio to the Race Committee at the finish with written details submitted to the race office before the end of protest time. The protest committee may impose a penalty if it thinks fit. This changes RRS 63.1.

### **Start procedure: April 29<sup>th</sup> 2017.**

The start line will be between the RWYC committee vessel (Fulmar) at the starboard end displaying an orange flag, and an orange inflatable buoy at the port pin end

All boats shall pass close to the Committee Boat on the side opposite to the Start Line before the warning signal with mainsails hoisted for identification.

### **Finish Procedure May 1<sup>st</sup> 2017.**

Finishing at the RWYC club line will be by sailing in an easterly direction to pass an extension of a transit from the club flag mast and a yellow and black striped transit staff on the shore below it. The outer limit of the finish line is a line extending east – west through the mooring buoys on the northern boundary of the Controlled Mooring Area as explained below.

Skippers are reminded that adherence to SI 9.4 is mandatory.

### **Prohibited Racing Area.**

Whilst racing, boats are prohibited from entering the Controlled Mooring Area located north of Mountbatten peninsula and south of the Plym navigation channel. Boats must remain north of a line extending from the westerly mooring buoy positioned on the south side of the Plym navigation channel, east through each mooring buoy on the northern boundary of the Controlled Mooring Area and west of a line extending from the most westerly mooring buoy on the south side of the Plym navigation channel due south to the Mountbatten peninsula.

**The prohibited area defined above ranks as an obstruction to sea room under RRS.**



## **APPENDIX B**

### **FALMOUTH**

#### **Finish procedure April 30<sup>th</sup> 2017**

The finish line will be the transit formed between 'The Governor' east cardinal buoy (50deg 09.15'N 005deg 01.83'W) at the starboard end of the finish line and a finish committee yacht (Noon Hi) displaying an orange flag at the port end. Cross the finishing line by leaving 'The Governor' buoy to starboard. The bearing of The Governor from the finish committee yacht will be approx. 025 deg M.

Skippers are reminded that adherence to SI 9.4 is mandatory.

The finishing committee yacht will be on station at the finish from approximately 12.00hrs to 17.00hrs. Should any yachts finish later than 17.00, record your finish time and relay that to race control as described in SI 13.1.

#### **Start procedure May 1<sup>st</sup> 2017**

The start line will be the transit formed by the PoFSA flagstaff on the foreshore at Pendennis Point displaying an orange flag, and Black Rock Beacon. The outer end of the start line shall be defined by a red inflatable laid buoy acting as an outer distance mark (ODM) that may not be laid exactly on the start line transit. To start, yachts shall pass between Pendennis Point and the ODM.

## APPENDIX C

### FOWEY

The Fowey Harbour Byelaws and Notices to Mariners published by the Fowey Harbour Commissioners (FHC) apply both within the harbour and the approaches to it. (The Byelaws are available from FHC or at

<http://www.foweyharbour.co.uk/assets/file/pdfs/Downloads/byelaws.pdf>)

#### **Finish Procedure Sunday April 30<sup>th</sup> 2017.**

The finish at the Royal Fowey Yacht Club (RFYC) will be a line extending from the RFYC flagstaff to the **seaward side (south side)** of Mark B, which is a large silver turning buoy leaving this to STARBOARD. Mark B forms the outer distance mark of the finish line. The bearing from the silver turning buoy B to the RFYC flagstaff is approx. 260deg M

Skippers are reminded that adherence to SI 9.4 is mandatory.

#### **Start Procedure Monday May 1<sup>st</sup> 2017.**

The start will be outside the harbour entrance between a committee boat (Gem) displaying an orange flag at the starboard end and a pin end buoy at the port end. The description of the pin end buoy will be announced at the Sunday evening prize-giving at the RFYC.

All boats shall pass close to the Committee Boat on the side opposite to the Start Line before the warning signal with mainsails hoisted for identification.

End