



**ROYAL WESTERN**  
YACHT CLUB OF ENGLAND

# The Win Or Swim Cup

## Autumn Dinghy Racing

Part 1 - Saturday 6<sup>th</sup> October to Saturday 15<sup>th</sup> December

Part 2 – Saturday 5<sup>th</sup> January to Saturday 23<sup>rd</sup> February

Royal Western Yacht Club of England

Plymouth Sound, England

## SAILING INSTRUCTIONS

### **1 RULES**

**1.1** The regatta will be governed by the rules as defined in *The Racing Rules of Sailing (RRS)*, including the RYA Prescriptions and RYA Racing Charter.

**b.** The Exoneration Penalty and RYA Arbitration of the RYA Rules and Disputes procedures will be available. This is the preferred method of resolving disputes. See the following website:  
<http://www.rya.org.uk/racing/raceofficials/Pages/RulesDisputesProcess.aspx> for details.

**13** Where boats are racing within the boundaries of the Port of Plymouth they are referred to the Dockyard Port of Plymouth Order 1999, a copy of which is displayed on the website (<https://www.gov.uk/government/groups/qhm-plymouth>) and Local Notices to Mariners. When the Race Committee believes that such regulations have been broken so as to bring the sport into disrepute it may act under RRS 60.2(c) requesting the Protest Committee to act under RRS 69.1(a), Allegation of Misconduct.

**14** RRS 40 is changed to apply at all times while afloat.

### **2 NOTICES TO COMPETITORS**

Notices to competitors will be posted on the official notice board(s) located on the Royal Western Yacht Club Website.

### **3 CHANGES TO SAILING INSTRUCTIONS**

Any change to the sailing instructions will be posted before 1200 on the day it will take effect, except that any change to the schedule of races will be posted by 2000 on the day before it will take effect.

### **4 SIGNALS MADE ASHORE**

**4.1** Signals made ashore will be displayed at the flag pole on the southern end of the club house.

- 4.2 When flag AP is displayed ashore, '1 minute' is replaced with 'not less than 30 minutes' in the race signal AP.

## **5 SCHEDULE OF RACES**

- 5.1 Dates of racing: Part 1 - every Saturday from the 6<sup>th</sup> October until the 15<sup>th</sup> December & Part 2 every Saturday from the 6<sup>th</sup> January until the 23<sup>rd</sup> February.
- 5.2 Number of races: There will be up to 3 races per day
- 5.3 The scheduled time of the warning signal for the first race each day is 13.55.

## **6 CLASS FLAGS**

The Class flag will be numeral pennant 1

## **7 RACING AREAS and MARKS**

Attachment 1 shows the location of racing areas and the marks to be used

## **8 THE COURSES**

- 8.1 The marks and direction of rounding will be indicated by coloured letter boards displayed on either the RWYC starting platform or on the side of the committee boat. A letter on a green background indicates that mark is to be rounded to starboard and a letter on a red background indicates that mark is to be rounded to port. The number of laps will be indicated by a number board alongside the letter boards.
- 8.2 Boats must pass through the start/finish line to complete each lap.
- 8.3 Legs of the course will not be changed after the preparatory signal. This changes rule 33.
- 8.4 Laid inflatable mark A will be a Red Tetrahedral
- 8.5 Laid Inflatable mark Q will be a yellow cylinder

## **9 AREAS THAT ARE OBSTRUCTIONS**

The following areas are designated as obstructions:

- 9.1 Yacht moorings in the River Plym
- 9.2 The Bridges Pass between Drakes Island and Mount Edgcumbe Foreshore

## **10 THE START AND FINISH**

- 10.1 Races will be started by using rule 26 with the warning signal made five minutes before the starting signal.
- 10.2 For races run from a committee boat: The starting and finishing line will be between a staff displaying an orange flag on the committee boat the laid inflatable orange cylindrical mark.
- 10.3 For races run from the club line: The starting and finishing line will be between the club flagstaff and laid inflatable orange cylindrical mark.
- 10.4 Boats whose warning signal has not been made shall avoid the starting area during the starting sequence for other races.
- 10.5 A boat starting later than 5 minutes after her starting signal will be scored Did Not Start without a hearing. This changes rule A4.
- 10.6 If flag U has been displayed as the preparatory signal, no part of a boat's hull, crew, or equipment shall be in the triangle formed by the ends of the starting line and the

first mark during the last minute before her starting signal. If a boat breaks this rule and is identified, she shall be disqualified without a hearing but not if the race is restarted or resailed or postponed or abandoned before the starting signal. This changes rule 26.

## **11 PENALTY SYSTEM**

**11.1** Rule 44.1 is changed so that the Two-Turns Penalty is replaced by the One-Turn Penalty.

## **12 TIME LIMITS AND TARGET TIMES**

**12.1** Time limits and target times are as follows:

<i>Time limit</i>	<i>Mark 1 time limit</i>	<i>Target time</i>
<i>2hours</i>	<i>40 minutes</i>	<i>40 minutes</i>

If no boat has passed Mark 1 within the Mark 1 time limit the race will be abandoned. Failure to meet the target time will not be grounds for redress. This changes rule 62.1(a).

**13.2** Boats failing to finish within 40minutes after the first boat sails the course and finishes will be scored Did Not Finish without a hearing. This changes rules 35, A4 and A5.

## **14 PROTESTS AND REQUESTS FOR REDRESS**

**14.1** Protest forms are available at the race office, located at The Royal Western yacht Club. Protests and requests for redress or reopening shall be delivered there within the appropriate time limit.

**14.2** For each class, the protest time limit is 60 minutes after the last boat has finished the last race of the day or the race committee signals no more racing today, whichever is later.

**14.3** Notices will be posted no later than 30 minutes after the protest time limit to inform competitors of hearings in which they are parties or named as witnesses. Hearings will be held in the protest room, located at The Royal Western Yacht Club.

**14.4** Notices of protests by the race committee or protest committee will be posted to inform boats under rule 61.1(b).

## **15 SCORING**

- 15.1** The Low Point System of RRS Appendix A will apply except as amended below
- 15.2** Each day will constitute a mini-series with up to three races.
- 15.3** 1 race is required to be completed to constitute a mini series
- 15.4** Mini-series places will be calculated from the results of the races that day, no scores shall be excluded.
- 15.5** 2 mini-series are required to be completed to constitute a series.
- 15.6** (a) When fewer than 4 mini-series have been completed, a boat's series score will be the total of her mini-series scores.
- (b) When from 5 to 6 mini-series have been completed, a boat's series score will be the total of her race scores excluding her worst mini-series score.
- (c) When from 7 to 8 mini-series have been completed, a boat's series score will be the total of her race scores excluding her worst two mini-series scores.

## **16 SAFETY REGULATIONS**

- 16.2** A boat that retires from a race shall notify the race committee as soon as possible.

## **17 TRASH DISPOSAL**

Trash may be placed aboard support or official boats.

## **18 RADIO COMMUNICATION**

Except in an emergency, a boat shall neither make radio transmissions while racing nor receive radio communications not available to all boats. This restriction also applies to mobile telephones.

## **19 PRIZES**

Prizes will be awarded each Saturday to the top boat in each class and a selection of other boats at the race committee's discretion. (nominations are welcome each day)

The top 3 boats in each class will be awarded overall prizes at the end of each series & for both series overall. Any class of more than 4 boats will be awarded their own prize. .

## **20 Risk Statement**

Rule 4 of the Racing Rules of Sailing states: "The responsibility for a boat's decision to participate in a race or to continue racing is hers alone."

Sailing by its nature an unpredictable sport and therefore inherently involves an element of risk. By taking part in the event, each competitor agrees and acknowledges that:-

- (a) They are aware of the inherent element of risk involved in the sport and accept responsibility for the exposure of themselves, their crew and their boat to such inherent risk whilst taking part in the event;
- (b) They are responsible for the safety of themselves, their crew, their boat and their other property whether afloat or ashore;
- (c) They accept responsibility for any injury, damage or loss to extent caused by their own actions or omissions;
- (d) Their boat is in good order, equipped to sail in the event and they are fit to participate;
- (e) The provision of a race management team, patrol boats, umpires and other officials and volunteers by the event organizer does not relieve them of their own responsibilities;
- (f) The provision of patrol boat cover is limited to such assistance, particularly in extreme weather conditions, as can be practically provided in the circumstances;

## **21**

### **INSURANCE**

Each participating boat shall be insured with valid third-party liability insurance with a minimum cover of £2,000,000 per incident or the equivalent.

# Attachment 1:

## Plymouth Sound Racing Marks Course Area K1

