ROYAL WESTERN YACHT CLUB

RC1000 Regatta
Saturday 12th and Sunday 13th September 2020
SAILING INSTRUCTIONS

Organising Authority (OA): Royal Western Yacht Club of England [RWYC]
Queen Anne's Battery, Plymouth UK
SAILING INSTRUCTIONS

Competitors and their families are invited by the Flag Officers of The Royal Western Yacht Club to be temporary members of the Club on Saturdays for the duration of the regatta and to have full use of the bar, catering and other facilities of the Club.

1 RULES

1.1 The regatta will be governed by the rules as defined in The Racing Rules of Sailing.

1.2 Where boats are racing within the boundaries of the Port of Plymouth they are referred to the Dockyard Port of Plymouth Order 1999, a copy of which is displayed on the website http://www.legislation.gov.uk/uksi/1999/2029/contents/made and Local Notices to Mariners. When the Race Committee believes that such regulations have been broken so as to bring the sport into disrepute it will act under RRS 60.2(c) requesting the Protest Committee to act under RRS 69.1(a), Allegation of Misconduct.

As a naval/commercial port, shipping movements are frequent and have priority. Boats must at all times keep clear of ships leaving or entering the port and must obey instructions from the Race Committee where avoiding action is necessary. Failure to obey Race Committee instructions may be treated as misconduct.

1.3 The Organising Authority implement the RYA Racing Charter and Competitors will be required to undertake to sail in compliance with that Charter. 1.4 RRS 55 is changed by adding the following sentence to the rule, "However discarding elastic or wool bands when setting a sail is permitted".

1.5 Rules of the IRC class rules are changed as follows:

(a) IRC Rule 22.4 shall not apply. There will be no limitations on crew number or weight.

1.6 Boats shall not sail with their anchors projecting over the bow.

1.7 Under rule 87, rule(s) IRC Rule 22.4.2 of the IRC class rules is replaced with: The maximum number of crew that may sail aboard a boat shall be 6. There is no weight limit."

2 NOTICES TO COMPETITORS

Notices to competitors will be posted on the official notice board on the RWYC website www.rwyc.org and repeated on the notice board located at the RWYC clubhouse.

3 CHANGES TO SAILING INSTRUCTIONS

Any change to the sailing instructions will be posted before 0900 on the day it will take effect, except that any change to the schedule of races will be posted by 2000 on the day before it will take effect.
4 SIGNALS MADE ASHORE
4.1 Signals made ashore will be displayed at the RWYC flagpole.
4.2 When flag AP is displayed ashore, ‘1 minute’ is replaced with ‘not less than 30 minutes’ in the race signal AP. This changes the meaning of AP in Race Signals.

5 SCHEDULE OF RACES
5.1 Date of racing: Saturday 12th and Sunday 13th September 2020
5.2 Saturday: There will be three races scheduled, with one ‘windward/leeward’ race, one ‘round the cans’ (RTC) race. One Long Distance Race.
   The scheduled time of the warning signal for the first race warning signal is 1055. Further races will be back to back.
   Sunday: There are 2 races Scheduled, with one Long Windward Leward, and one Round the cans (RTC) race.
   The scheduled time of the warning signal for the first race warning signal is 0950. This race will precede the Autumn Series start. With Race 2 starting as soon as possible after race 1.

5.4 To alert boats that a race or sequence of races will begin soon, an orange flag will be displayed with one sound for at least 5 minutes before a warning signal is displayed. It may also be broadcast on VHF Ch 77.
5.5 No warning signal will be made after 1700 on Saturday 12th and 1400 on Sunday 13th.
5.6 There will be a briefing for Skippers Only at 0900 on Saturday 12th September 2020 in the RWYC clubhouse. This maybe pre-recorded and published online and on social media.

6 CLASS FLAGS
Class flag will be: Flag R.

7 RACING AREA
The races will take place in Plymouth Sound – either north or south of Plymouth Breakwater.

8 THE COURSES
8.1 The diagram in Appendix 1 shows the windward/leeward course. Appendix 2 shows the names and position of fixed navigation marks. Appendix 3 is a chart of the racing area indicating navigational marks for use in the RTC course. Appendix 4 Preselected coured for RTC courses.

8.2 No later than the warning signal, the Race Committee signal boat will display the approximate compass bearing of the first leg and the course and number of laps to be sailed. It may also be broadcast on VHF channel 77
8.3 Competitors are reminded that courses may be shortened at any mark, and that the finish boat may not be the same as the start committee boat.

9 MARKS
9.1 Marks 1, 2 and 3 will be yellow pillar buoys or fixed navigation marks.
9.2 The start pin-end mark will be an orange pillar buoy.
9.3 The finishing mark used for the W/L

11 THE START
11.1 The starting line will be between a staff displaying an orange flag on the Committee Boat and the pin-end starting mark.
11.2 A boat starting later than 5 minutes after her starting signal will be scored Did Not Start. This changes rule A4.

12 CHANGE OF THE NEXT LEG OF THE COURSE
To change the next leg of the course, the race committee will use an alternative windward mark (red tetrahedron) or move the finishing line to a new position. This changes RRS 33.

13 THE FINISH
13.1 Unless the course is shortened under rule 32.2, the finishing line will be between staffs displaying an orange flag on the Finish boat and the finish mark.
13.2 For Race 3 on the 12th and Race 2 on the 13th, the finish will be on the RWYC club line.

14 PENALTY SYSTEM
Rule 44.1 is changed so that only one turn, including one tack and one gybe, is required.

15 TIME LIMITS
15.1 Time limits are approx. as follows:

<table>
<thead>
<tr>
<th>Race</th>
<th>Time limit</th>
</tr>
</thead>
<tbody>
<tr>
<td>W/L</td>
<td>60 mins for first boat</td>
</tr>
<tr>
<td>RTC Race</td>
<td>90 mins for first boat</td>
</tr>
<tr>
<td>Long Distance</td>
<td>120 mins for first boat</td>
</tr>
</tbody>
</table>

15.2 Boats failing to finish within 45 mins after the second boat sails the course and finishes will be scored DNF. This changes rules 35 and A4.
16 PROTESTS AND REQUESTS FOR REDRESS

16.1 Protest forms are available at the race office. Protests shall be delivered there within the protest time limit.

16.2 The protest time limit is 60 minutes after the last boat has finished the last race of the day. The same time limit applies to protests by the race committee and protest committee about incidents they observe in the racing area and to requests for redress. This changes rules 61.3 and 62.2.

The Exoneration Penalty and RYA Arbitration of the RYA Rules and Disputes procedures will be available. This is the preferred method of resolving disputes. See the below website for details.

16.3 Notices will be posted within 30 minutes of the protest time limit to inform competitors of hearings in which they are parties or named as witnesses. Hearings will be held in the Dolphin room, located at RWYC, beginning as soon as possible, after posting.

16.4 Breaches of instructions 11.2, 18, 19., and 21, will not be grounds for a protest by a boat. This changes rule 60.1(a). Penalties for these breaches may be less than disqualification if the protest committee so decides.

17 SCORING

17.1 The low point scoring system of Appendix A will apply, other than as below.

17.2 Upon completion of 4 races or more the series total will be a boats score less her worst result.

18 SAFETY REGULATIONS

A boat that retires from a race shall notify the race committee (vhf 77) as soon as possible.

19 REPLACEMENT OF CREW OR EQUIPMENT

19.1 Substitution of competitors will not be allowed without prior written approval of the race committee.

19.2 Substitution of damaged or lost equipment will not be allowed unless approved by the race committee. Requests for substitution shall be made to the committee at the first reasonable opportunity.

20 EQUIPMENT AND MEASUREMENT CHECKS

A boat or equipment may be inspected at any time for compliance with the class rules and sailing instructions.
21 SUPPORT BOATS
Support personnel shall stay outside areas where boats are racing from the time of the preparatory signal for the first class to start until all boats have finished or the race committee signals a postponement, general recall or abandonment.

22-24 Not used.

25 RADIO COMMUNICATION
A boat shall neither make radio transmissions while racing nor receive radio communications not available to all boats. This restriction also applies to mobile telephones. All boats shall monitor VHF channel 77.

26 PRIZES
Prizes will be awarded at the discretion of the Race Committee.

27 RISK STATEMENT

27.1 Rule 4 of the Racing Rules of Sailing states: “The responsibility for a boat’s decision to participate in a race or to continue racing is hers alone”.

27.2 Sailing is by its nature an unpredictable sport and therefore inherently involves an element of risk. By taking part in the event, each competitor agrees and acknowledges that:
(a) they are aware of the inherent element of risk involved in the sport and accept responsibility for the exposure of themselves, their crew and their boat to such inherent risk whilst taking part in the event;
(b) they are responsible for the safety of themselves, their crew, their boat and their other property whether afloat of ashore;
(c) they accept responsibility for any injury, damage or loss to the extent caused by their own actions and omissions;
(d) their boat is in good order, equipped to sail in the event and they are fit to participate;
(e) provision of a race management team, patrol boats and other officials and volunteers by the event organiser does not relieve them of their own responsibilities;
(f) Covid Restriction of Crew number of 6.

28 INSURANCE
Each participating boat shall be insured with valid third-party liability insurance with a minimum cover of £3m per event or the equivalent.

End

APPENDIX 1
**Windward/Leeward course**

Lap 1
1,2

Lap 2
1,2,1,2

Etc.

Go through start/finish line on each lap.
Sausage/Triangle course

Lap 1
1p, 3p

Lap 2
1p, 2p, 3p

Lap 3
1p, 3p

Lap 4
1p, 2p, 3p

Go through start/finish line on each lap.
APPENDIX 3
APPENDIX A

WIND SPEED OF UP TO 10 KNOTS

<table>
<thead>
<tr>
<th>A1 - 5.6 nautical miles</th>
<th>A2 - 4.7 nautical miles</th>
<th>A3 - 5.1 nautical miles</th>
<th>A4 - 5.1 nautical miles</th>
</tr>
</thead>
<tbody>
<tr>
<td>Start (near Kildare Rock)</td>
<td>Start (near Kildare Rock)</td>
<td>Start (near Yacht Haven)</td>
<td>Start (near Melampus)</td>
</tr>
<tr>
<td>S Winter (P)</td>
<td>F Buoy (P)</td>
<td>F Buoy (P)</td>
<td>Duke Rock (P)</td>
</tr>
<tr>
<td>Kildare Rock (S)</td>
<td>Kildare Rock (S)</td>
<td>Yacht Haven (S)</td>
<td>Melampus (S)</td>
</tr>
<tr>
<td>NW Winter - (P)</td>
<td>New Grounds (S)</td>
<td>Dunstone (P)</td>
<td>F Buoy (P)</td>
</tr>
<tr>
<td>Melampus (P)</td>
<td>Dunstone (P)</td>
<td>Melampus (P)</td>
<td>S Winter (S)</td>
</tr>
<tr>
<td>N E Winter(S)</td>
<td>N E Winter (S)</td>
<td>Dunstone (P)</td>
<td>Dunstone (P)</td>
</tr>
<tr>
<td>Club Line Finish</td>
<td>Club Line Finish</td>
<td>Club Line Finish</td>
<td>Club Line Finish</td>
</tr>
</tbody>
</table>

<table>
<thead>
<tr>
<th>A5 - 4.8 nautical miles</th>
<th>A6 - 5.1 nautical miles</th>
<th>A7 - 5.5 nautical miles</th>
<th>A8 - 4.9 nautical miles</th>
</tr>
</thead>
<tbody>
<tr>
<td>Start near Melampus</td>
<td>Start near Melampus</td>
<td>Start in Jennycliff</td>
<td>Start near Duke Rock</td>
</tr>
<tr>
<td>Kildare Rock (P)</td>
<td>New Grounds (P)</td>
<td>Yacht Haven (P)</td>
<td>Yacht Haven (P)</td>
</tr>
<tr>
<td>Melampus (S)</td>
<td>Kildare Rock (S)</td>
<td>Duke Rock (S)</td>
<td>Duke Rock (P)</td>
</tr>
<tr>
<td>Dunstone (S)</td>
<td>F Buoy (S)</td>
<td>New Grounds (S)</td>
<td>F Buoy (P)</td>
</tr>
<tr>
<td>F Buoy (S)</td>
<td>Dunstone (P)</td>
<td>Melampus (S)</td>
<td>Melampus (S)</td>
</tr>
<tr>
<td>N E Winter (S)</td>
<td>N E Winter (S)</td>
<td>Dunstone (P)</td>
<td>Dunstone (P)</td>
</tr>
<tr>
<td>Club Line Finish</td>
<td>Club Line Finish</td>
<td>N E Winter (S)</td>
<td>N E Winter(S)</td>
</tr>
<tr>
<td>Club Line Finish</td>
<td>Club Line Finish</td>
<td>Club Line Finish</td>
<td>Club Line Finish</td>
</tr>
</tbody>
</table>
### APPENDIX B

#### WIND SPEED OF OVER 10 KNOTS

<table>
<thead>
<tr>
<th>Course</th>
<th>Distance</th>
<th>Start</th>
<th>Route</th>
<th>Finish</th>
</tr>
</thead>
<tbody>
<tr>
<td>B1</td>
<td>6.1 nautical miles</td>
<td>near Kildare Rock</td>
<td>Melampus (P), Kildare Rock (S), New Grounds (S), Yacht Haven (S), Duke Rock (P), N E Winter (S)</td>
<td>Club Line Finish</td>
</tr>
<tr>
<td>B2</td>
<td>7.5 nautical miles</td>
<td>near New Grounds</td>
<td>Dunstone (P), Kildare Rock (P), F Buoy (P), Queens Ground (S), N E Winter (S)</td>
<td>Club Line Finish</td>
</tr>
<tr>
<td>B3</td>
<td>6.8 nautical miles</td>
<td>near Queens Grounds</td>
<td>Duke Rock (P), New Grounds (P), Kildare Rock (S), Queens Ground (S), Yacht Haven (S), Dunstone (P), N E Winter (S)</td>
<td>Club Line Finish</td>
</tr>
<tr>
<td>B4</td>
<td>6.8 nautical miles</td>
<td>near Yacht Haven</td>
<td>Duke Rock (P), Yacht Haven (S), Melampus (S), F Buoy (S), New Ground (P), Kildare Rock (P), N E Winter (S)</td>
<td>Club Line Finish</td>
</tr>
<tr>
<td>B5</td>
<td>6.7 nautical miles</td>
<td>near Melampus</td>
<td>Kildare Rock (P), Melampus (P), Yacht Haven (P), New Grounds (P), Duke Rock (P), Dunstone (S), F Buoy (S), N E Winter (S)</td>
<td>Club Line Finish</td>
</tr>
<tr>
<td>B6</td>
<td>7.9 nautical miles</td>
<td>near Yacht Haven</td>
<td>Queens Ground (P), Melampus (P), Dunstone (S), New Grounds (P), Kildare Rock (S), N E Winter (S)</td>
<td>Club Line Finish</td>
</tr>
<tr>
<td>B7</td>
<td>6.5 nautical miles</td>
<td>Islanders</td>
<td>Yacht Haven (P), F Buoy (S), Duke Rock (S), Queens Ground (S), Dunstone (P), N E Winter (S)</td>
<td>Club Line Finish</td>
</tr>
<tr>
<td>B8</td>
<td>6.9 nautical miles</td>
<td>near Duke Rock</td>
<td>Melampus (P), Duke Rock (S), Yacht Haven (P), Kildare Rock (S), New Grounds (S), F Buoy (P), N E Winter (S)</td>
<td>Club Line Finish</td>
</tr>
</tbody>
</table>